

Your Local Pharmacy

Transferring Your Prescriptions is Easy. Ask Us How Today!

November 3-17



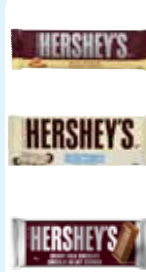
9.99

Advil®
Liqui-Gels,
Ibuprofen,
200 mg,
32 Capsules



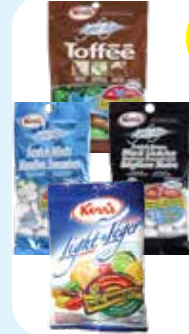
1.29

Excel®
Selected
Varieties



1.49

Hershey®
Chocolates
Selected Varieties



2.99

Kerr's®
Light
Candies,
Selected
Varieties,
90 g



2.99

Charmin® Essentials
Soft Bathroom Tissue
2 Mega = 8 Regular
12 Rolls



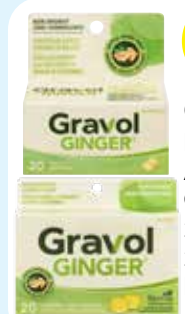
7.99

Monistat®
Derm,
Miconazole
Nitrate Cream,
15 g



9.99

Gaviscon®
Extra Strength
Antacid,
Fruit Blend,
25 Chewable
Tablets



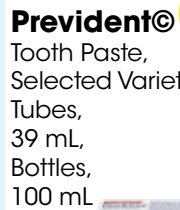
6.99

Gravol™
Non-Drowsy
Antinauseant,
Ginger Flavour,
20 Tablets, or
20 Chewable
Lozenges



7.99

Robitussin®
Extra Strength,
Mucus & Phlegm,
or Cough Control,
Cherry Flavour,
100 mL



13.99

Prevident®
Tooth Paste,
Selected Varieties
Tubes,
39 mL,
Bottles,
100 mL



9.99

Aveeno®
Daily Moisturizing
Lotion,
Fragrance Free,
Colloidal Oatmeal,
354 mL



15.99

NeilMed®
Sinus Rinse Kit,
50 Ready To
Use Sachets,
or 100 Ready
To Use Refills



11.99

**Webber
Naturals®**
Vitamin B12,
1000 mcg,
Quick Dissolve,
Bonus 80
Tablets



13.99

Jamieson™
Vitamin C,
1,000 mg,
100 Caplets



16.99

Nicorette®
Nicotine Gum,
Fresh Fruit
2mg, or 4mg,
or
Ultra Fresh Mint
2mg, or 4mg
30 Pieces



7.99

Tylenol®
Extra Strength,
Flu, or
Cold & Sinus,
20 Tablets



9.99

Tylenol®
Fast Relief Fever
& Pain,
Infant 0-23 Mo,
Dye Free White
Grape, or
Cherry,
24 ml



49.99

Vicks®
Mini Filter,
Free Cool Mist
Humidifier



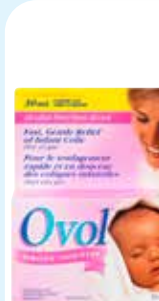
9.99

Protec®
Humidifier,
Cleaning Fish,
1 Piece



9.99

Vicks®
Child Botanicals™,
Day or Night,
Cough & Chest Congestion,
118 mL



11.99

Ovol™
Infant Colic
Gentle Relief,
30 mL Drops



8.99

Aveeno®
Baby Fragrance,
Free Daily
Lotion 227 mL or
Baby Wash and
Shampoo,
236 mL



11.99

Penaten®
Creamy
Diaper Rash
Treatment,
113 g or
Medicated Cream,
166 g

healthOne™

Compare & Save!



11.99

Ibuprofen
Extra Strength,
400 mg,
50 Capsules



8.99

**Acetylsalicylic
Acid**
Delayed-Release
81 mg,
150 Enteric Coated
Tablets



2.99

Hand Sanitizer
Antiseptic,
59mL



9.99

Cold & Flu
Day and Night,
12 + 12 Capsules

Diabetes Care: Ways to Avoid Complications

Diabetes care is a lifelong responsibility. Consider strategies to prevent diabetes complications.

Diabetes is a serious disease. Following your diabetes treatment plan takes round-the-clock commitment, but your efforts are worthwhile. Diabetes care can reduce your risk of serious even life threatening complications.

Make a commitment to managing your diabetes.

Some steps you can take to ensure proper management of diabetes include:

- Monitoring your blood sugar and following your health care provider's instructions for managing your blood sugar level.
- Avoid smoking or quit smoking if you smoke. Smoking increases your risk of type 2 diabetes and the risk of various diabetes complications.
- Keep your blood pressure and cholesterol under control.
- Eat a healthy, reduced-fat and low salt diet.
- Avoiding excess alcohol, and exercising regularly can go a long way toward controlling your diabetes.

Speak to your Doctor and Dietitian for more information.



9.99
Benylin®
 Cough & Chest Congestion for Diabetes, Extra Strength, 100 mL



14.99
Boost®
 Meal Replacement for Diabetics, Vanilla, Chocolate or Strawberry Flavour, 6 x 237 mL



9.99
Dermal Therapy™
 Heel Care Cream, Moisturizing Treatment, 90 g



14.99
Bausch + Lomb®
 Redness Reliever Eye Drops, 3.5 mL



3.99
Nivea
 Hydro Care Lip Balm, 2 X 4.8g



3.49
Blistex®
 Lip Medex®, Relieves Discomfort of Sore Lips & Restores Moisture, 7g



2.29
Fisherman's Friend®
 Selected Varieties



8.99
Jamieson™
 Zinc Lozenges with Vitamin C & D, 60 Lozenges

Ask Your Pharmacist

Did you know your local pharmacy provides a host of services for you and your family?

Next time you're in our pharmacy, please feel free to speak to one of our pharmacists to find out more.

- Computerized patient files
- Med checks
- Compounding
- Compliance packaging
- Clinic days
- Prescription transfer from other pharmacies

Aspirin®
 Acetylsalicylic Quick Chew, Orange Flavour, 81mg, 30 Tablets

6.49



Aleve®
 Naproxen Sodium Tablets, Fast Pain Relief, 220 mg, 24 Caplets

6.99



Tylenol®
 Pain Relief, Extra Strength, 24 eZ Tabs, or 24 Caplets, 500 mg

5.99



Bios Diagnostics™
 Precision Temp, Digital Ear Thermometer w/bluetooth

45.99



DayQuil™
 Cold and Flu Relief, Honey Lemon Flavoured, 8 Packets

11.99



7.49

Dove
 Body Wash, Selected Varieties



3.99

Gillette®
 Foamy Shaving Cream, Regular or Sensitive Skin, 311 g



10.99

Gillette®
 Mach 3, Mens Disposable Razors, Regular or Sensitive Skin, 3 Razors



4.79

Old Spice®
 Scented Antiperspirant And Deodorant Sticks, Selected Varieties



8.99

Energizer®
 Max AA Alkaline Batteries, Pack of 4



10.99

Energizer®
 Max AAA Alkaline Batteries, Pack of 4

Artificial Sweeteners: Any Effect on Blood Sugars ?

Artificial sweeteners are also called sugar substitutes and have fewer calories than those made with sugar. Sugar substitutes don't affect your blood sugar level. In fact, most artificial sweeteners are considered "free foods."

Sugar Twin®
 Calorie Free Sweetener, 200 Packets

5.99



Stevia™
 Herbal Select, Natures Calorie Free Sweetener, Gluten Free 100 Packets

9.99



Equal®
 0 Calorie Sweetener, Sugar Substitute, 300 Tablets

8.99



healthOne



6.29
Vitamin D3
 1000 IU, 90 Tablets

Cold & Flu-in-One
 Extra Strength, Day and Night, 12 + 12 Caplets

8.99



9.99
Diarrhea Relief
 2mg, 30 Caplets



10.99
Heartburn Relief
 Fruit Flavour, 100 Chewable Foaming Tablets

Speak to your medical professional or pharmacist for more information.

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